



KAT HENRY



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[@kat\\_v\\_henry](https://www.tiktok.com/@kat_v_henry)



[@kat\\_v\\_henry](https://www.instagram.com/@kat_v_henry)



[@kat\\_v\\_henry](https://www.twitter.com/@kat_v_henry)



[Kat Henry](https://www.youtube.com/KatHenry)

Kat is a 37 yr old South East London born, Blogger/Vlogger and Social Media Influencer based in Oxted, Surrey. Kat is also a Zumba Fitness Instructor, Local Radio DJ for Ridge Radio, an award-winning Plus Size Model and both a National and International Pageant Queen.

W W W . K A T H E N R Y . C O . U K

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## COLLABORATION OPPORTUNITIES

- Product Reviews
- Social Promotion
- Sponsored Posts
- Giveaways
- Social Media Takeovers
- Affiliate Promotion
- Brand Ambassador
- Modelling/Fit Model
- Event Representation
- Guest (Public) Speaking
- Event Hosting
- Pageant Appearances/Judging

## SOCIAL MEDIA



19.5K FOLLOWERS



7.9K FOLLOWERS



2.4K FOLLOWERS



2K FOLLOWERS

## THE WORLD THROUGH KATS EYES

Kat started her blog back in 2014 as a continuation of her daily journals that she had kept since her early teens. It fast grew into a one-stop shop for fashion and beauty posts, Now this Lifestyle blog incorporates every passion that Kat holds dear; travel, food, music, fashion, beauty, fitness, pageantry, parenting and so much more...

Come and experience the world, through Kat's eyes...





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## LET'S COLLABORATE...

Do you have a collaborative idea in mind? I'd love to talk it over with you. Please drop me an email, DM me via Social Media or call me directly to brainstorm ideas...

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## RATES

I am always happy to consider offering reviews or posts on a gifting basis with smaller/start-up brands. If your project has a low or zero budget, please feel free to reach out to discuss and negotiate further.

**Paid Partnerships - Starting from £50 (prices per post)**  
will negotiate a discounted rate for multiple posts

Including (but not limited to);

- £50 - Sponsored Social Posts such as Instagram Stories, Grid Posts & more...
- £100 - TikToks, Reels, IG TV & Live content.
- £150 - Blog posts & full product reviews, You Tube reviews & haul videos.

**Hosting/Guest Speaking - Starting from £100**

Please reach out to negotiate travel expenses and to obtain a full quote.

**Modelling - Day Rate (Negotiable) Starting from £100**

**Campaign work - Price upon request**

**Zumba with Kat Henry**

**Corporate bookings - Prices starting from £30 p/h**